

# The Sigma Wibe



A Publication of Iota Epsilon Sigma Chapter

Fall 2018 Issue

## From the Desk of Our Basileus...



As President of this "IrRhoplacable" Chapter, I am honored to represent the dynamic women in our

organization. It has been the goal of Iota Epsilon Sigma Alumnae Chapter to support our Sorority's mission to enhance the quality of life for women and their families in the U.S. and globally through community service, civil, and social action. Our goal is to achieve greater progress in the areas of education, health awareness, and leadership development. Our members, affiliates, staff, and community partners work to create and support initiatives that align with our vision.

For more than 90 years, Sigma Gamma Rho Sorority has been dedicated to providing women and their families with a voice and the resources needed to improve their well-being and the status

of their communities. Iota Epsilon Sigma is no different.

This year, we will continue to focus on being "Impactful and Intentional" in the service that we provide to the citizens of Northern Virginia and the surrounding areas. We will do our utmost to educate, empower and change the lives of generations to come. Through the collective and collaborative efforts of our fellow community organizations, families and government, we strive to provide a better environment for our children. The Iota Epsilon Sigma Chapter of Sigma Gamma Rho Sorority, Inc. has been serving the Northern Virginia area since our charter in 2001 in a spirit of excellence and is committed to continuing our motto of "Greater Service, Greater Progress".

Sincerely,

Jackqueline May,  
Basileus

## Sigma Resumé

### Soror Jacqueline May

Inducted: November 19, 2000  
Chapter: Eta Tau Chapter  
University of Southern Mississippi

**Undergraduate Leadership**  
2000-2004 Basileus - Eta Tau Chapter

**Graduate Leadership**  
*Iota Epsilon Sigma Chapter*  
2018-2020 - Basileus

2018  
Social Committee Chair  
Youth Symposium Chair

2017  
Chapter Delegate  
Committees: Fundraiser, Membership

**Northeastern Region**  
Sister Coach (Inaugural Class)  
Awards & Achievement Committee  
National Association of  
Parliamentarians

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## Contact Us...

### Website:

IESigma1922.org

### Social Media:

Facebook.com/IESigma1922

Twitter.com/IESigma1922

Instagram.com/IESigma1922

### Mailing Address:

Iota Epsilon Sigma Chapter  
Sigma Gamma Rho Sorority, Inc.  
P.O. Box 6901  
Woodbridge, VA 22195



# WHAT'S HAPPENING?



## Save the Date

**Sat., November 3, 2018**  
November Chapter Meeting  
Virtual Meeting  
11 AM - 1 PM

**Saturday, November 3, 2018**  
Alex & Ani Charity Event  
2905 District Ave. Suite 145  
Fairfax, VA 22031  
4 PM - 8 PM

**Sun. November 4, 2018**  
Chapter Retreat  
Escape Room DC & Dinner

**Sat., November 10, 2018**  
Founders Day Celebration  
A. J. Ferlazzo Building  
15941 Donald Curtis Drive  
Woodbridge, VA 22191  
4 PM - 7 PM

**Sat., December 1, 2018**  
Winter Informational  
2124, 9520 Richmond Hwy  
Lorton, VA 22079  
2PM - 4 PM

**Sat., December 8, 2018**  
December Chapter Meeting  
15941 Donald Curtis Drive  
Woodbridge, VA 22191  
11 AM - 1 PM

**Sat., January 12, 2019**  
January Chapter Meeting  
15941 Donald Curtis Drive  
Woodbridge, VA 22191  
11 AM - 1 PM

THE LADIES OF IOTA EPSILON SIGMA  
NORTHERN VIRGINIA ALUMNAE CHAPTER OF  
SIGMA GAMMA RHO SORORITY INC. PRESENTS OUR



## SMART WATCH

*Raffle*



**\$20**

DRAWING WILL BE HELD FRIDAY, DECEMBER 7, 2018

WIN A SMART WATCH VALUED AT \$390

TICKETS CAN BE PURCHASED VIA YOUR FAV POODLE  
OR CASH APP

SIOTAEPSILONSIGMA  
PROCEEDS SUPPORT OUR SIGMA BOOK  
SCHOLARSHIP FUND

*You're Invited*  
TO A CHARMED BY CHARITY EVENT

Shop and Give Back


15% of all ALEX and ANI sales will go towards

## March of Dimes

in conjunction with our Project Reassurance

Saturday | November 3, 2018 | 4-8 PM  
ALEX AND ANI Fairfax (Mostac District)  
2905 District Ave Suite 145 Fairfax, VA | 703.992.9711

Hosted by: Iota Epsilon Sigma  
Northern Virginia Alumnae Chapter  
of Sigma Gamma Rho Sorority, Inc.



Iota Epsilon Sigma  
Northern Virginia Alumnae Chapter of  
Sigma Gamma Rho Sorority, Inc.




## Winter Informational

December 1, 2018  
2pm-4pm  
Lorton Library  
2124, 9520 Richmond Hwy,  
Lorton, VA 22079

Come find out how you can make an impact in the Northern Virginia Community and become apart of this prestigious sisterhood.


Please join the dynamic women of Iota Epsilon Sigma Alumnae Chapter for information, refreshments, and conversations.



Business Attire Required  
RSVP at <https://ieswinterinformational2018.eventbrite.com>  
For more information about the event please contact at [info@iesigma1922.org](mailto:info@iesigma1922.org)


IOTA EPSILON SIGMA  
NORTHERN VIRGINIA ALUMNAE CHAPTER  
SIGMA GAMMA RHO SORORITY, INC.

## Founders' Day Celebration



JOIN US AS WE CELEBRATE 96 YEARS OF GREATER SERVICE, GREATER PROGRESS

Saturday November 10, 2018  
4-7pm  
Dr. A. J. Ferlazzo Building  
15941 Donald Curtis Dr  
Woodbridge, VA 22191



SIGMA GAMMA RHO SORORITY, INC. | NORTHEASTERN REGION

SAVE THE DATE




## Northeastern Region CONFERENCE 2019

ARLINGTON, VA | APRIL 25 - 28, 2019  
SYNTAKTES THOMASINA V. GORE, ESQ.

[WWW.SGRHONEREGION.COM](http://WWW.SGRHONEREGION.COM) |    @SGRHONER

# Community Corner



## SWIM 1922 Clinic: Congressional Black Caucus Weekend

Beginning in 2012, Sigma Gamma Rho Sorority, Incorporated launched a national partnership with USA Swimming in order to encourage black participation and decrease the overall drowning rate.



During the 2018 Congressional Black Caucus Weekend, Iota Epsilon Sigma was selected to host a SWIM 1922 clinic on September 15 at the Chinn Aquatic

Center featuring Olympic gold medalists, Soror Maritza McClendon and Cullen Jones. Children ages 5 – 16 arrived at the Chinn Aquatic Center eager to meet the Olympian instructors. The clinic started at noon with participants and parents receiving a safety briefing from the Chinn Aquatics Swim Instructor, Jones, and Soror McClendon. Each stressed the importance of swimming, being aware of their surroundings, and always making sure a lifeguard is present. The clinic was broken into two sections for swimmers – beginner and advanced. Soror McClendon started off working with the beginner class and focused on teaching

skills such as floating and paddling. Meanwhile, Jones gave the advanced class a bit of free range to swim a few laps in the pool as he joined them.



As a parting gift, each participant had the opportunity to take a photo with McClendon and Jones, as well as receive autographed photos.

# Dallas Takeover: Boule 2018

From July 9 – 15, sorors from around the country ascended upon Dallas, Texas to attend Sigma Gamma Rho's 57th Boule Conference.

Iota Epsilon Sigma was awarded for raising \$2,424 for the March of Dimes and received recognition for being a



Ruby chapter. IES handled Sigma business through participating in numerous workshops and witnessing the voting process; however, sorors were also able to explore the city of Dallas and enjoy a surprise concert from Bell, Biv, DeVoe.... also known as BBD!

Several members of IES were in attendance at Boule; here are a couple of their experiences and takeaways:

**Anti-Basileus Jasmine Robinson-Cooper:** Boule was a great experience. It was awesome to see a sea of rhyol blue and gold flood in Dallas, Texas. It always warms my heart to connect with sorors that I have met from other states as well as the amount of community service that we provide to our local communities. This boule was different from many others due to the town hall on human trafficking. I

enjoyed the panel very much, because our outreach is young women and keeping them safe is out priority. It was also good to fellowship with our chapter sorors exploring sites of Dallas as well as jamming to BBD.

**Soror Winifred Allen:** Attending the 57th Boule of Sigma Gamma Rho Sorority Inc., was a grand experience! The temperature was hot in Dallas, but our Boule was on fire!

I saw the importance of sisterhood on a grander level. All the work that is completed on the local level impacts the national level. We are indeed one! As a delegate, I witnessed first- hand voting procedures, protocol, the importance of implementing time limits, and the scrutiny that is placed on finalizing the national budget.

Participating in the Mental Health First Aid initiative and workshop, provided me with the opportunity to learn ways to use my MHFA certification, to assist the sorority, with one of their national programs. Watching Madame Grand Basileus make additional donations to charities and give highlights about the wonderful service programs supported by our organization, made me feel proud to be a member.

We handled business during the day and enjoyed the hot July Texas nights! Sorors had the pleasure of attending hospitality suites hosted by the 5 black fraternities, as well as attending step shows, luncheons, banquets, and various gatherings. I will

forever be changed by seeing Ronnie, Ricky, & Mike. The last night of Boule, Bell Biv DeVoe graced our presence, as we danced the night away!

We ended the final morning of Boule with the Omega Rho ceremony and a prayer breakfast! What an awesome way to leave Dallas! As we left Dallas and sorors prepared to return home, all you saw in the airport was Rhyol Blue & Gold and our letters. Bystanders stopped to inquire about our time in the city and some wanted to know how they could join us!

I cannot wait to see all the lovely sorors that I connected with in Dallas at our next



Boule 2020 in Atlanta, GA. The national body is preparing for Centennial 2022 in Indianapolis, Indiana. Our goal is to be stronger and better with all members working to meet National's outlined strategic goals. After attending Boule; I recognize "Greater Service Greater Progress" is who we are as Sigma Gamma Rho Sorority, Inc.

## Introducing... The Sorors of Golden Dynasty



Soror Camilla Cryer - Golden Heart  
Soror Demetrius Stewart - Golden Legacy  
Soror Darlene Bright - Golden Innovator  
Sabrina Goodlet - Golden Resilience  
Keshia West-Ellis - Golden Rule

# Soror Spotlight... Welcome Home!



This year, IES has been fortunate to be part of the homecoming of several Sorors returning to the sisterhood. We caught up with Soror Danielle Reed to learn a bit more about her, what motivated her to return and what she is looking forward to as a member of IES

### Tell us a little about yourself.

I am from Gary, IN. I have one brother and one sister (who is also a Soror). I am currently working full-time in the Army and have been serving for 20 years. I became a Sigma Gamma Rho while attending

Indiana University, Epsilon Chi Chapter in 1991.

### What made you decide to become active with IES for the 2018-19 sorority year?

I had not been active since my undergraduate years and had been looking forward to meeting Sorors in order to become an active member.

**What did you miss most about Sigma?** I've missed the sisterhood, esprit de corps and providing community service.

**How has it been since you've returned? What do you like the most? What has been the biggest challenge?** It has been great.

Everyone has been receptive and very helpful since I've started the process. I've also been able to participate in events. What I like most is that everyone is willing to assist one another. Communication has been well received. The biggest challenge is being reinstated. The

waiting process is lengthy.

**How are you contributing to the chapter? What makes you proud to be an active member of IES?** I am in the process of being a contributing member. I need to read through all of the By-laws and policies in order to be an effective active member. I am proud to be an active member of IES because of the camaraderie, sisterhood, and motivation. I enjoy the way everyone encourages one another.

**What would you like to tell other inactive Sorors in the area whom might be contemplating reactivating with IES?**

Just do it. It's worth it and we owe it not only to ourselves but the Sorority as a whole to be actively contributing members to our community.

## Membership has its privileges...

Reactivating with IES offers many benefits including:

- Σ Leadership and personal development sessions throughout the Sorority Year
- Σ Sisterhood of like-minded, talented and professional ladies who honor the meaning of My Sister's Keeper
- Σ Various opportunities to make a difference in the community

IES understands that it is challenging balancing life so we offer multiple ways to make it easier:

- Σ By utilizing our online web conferencing solution, you don't have to physically be at the chapter meeting in order to actively participate
- Σ As a chapter, we are very flexible with schedules and various levels of commitment
- Σ We offer flexible payments plans including easy online payment options

Interested in reactivating? Would you like to speak with a member of our Membership Committee? Contact Soror Jasmine Robinson-Cooper at: [jasmine.robinson22@gmail.com](mailto:jasmine.robinson22@gmail.com) or [membership@iesigma1922.org](mailto:membership@iesigma1922.org).

**Sorors, we would love to have you active with IES. We want to help as many people in our communities as possible, and your involvement with IES will help us do just that! We're waiting with open arms!**